



Zero Balancing Open Forum / OPEN FORUM

COURSE TITLE: Zero Balancing Open Forum

ABBREVIATION: OPEN FORUM

EDUCATIONAL CREDIT: 13 CEUs

COURSE LENGTH: 2 days

PREREQUISITES: Zero Balancing II

COURSE DESCRIPTION:

The goal of this course is to help you effectively evaluate and balance energy movement in the body, and to explore in particular the relationship of body energy to structure through review, demonstrations and discussion. Open Forum is designed to meet your individual needs as a ZB practitioner. The workshop will help you refine your touch through problem-solving, gain advanced understanding of body handling, and deepen your skill with fundamental ZB concepts. It is an opportunity for ZB practitioners to be together to rejuvenate, recharge and advance your touch. At the end of this workshop you will be able to evaluate the movement or lack of movement of energy in the body structure, and, where necessary, will be able to balance the relationship of energy and structure.