



*Updated as of 9/30/2020*

## **ZBHA Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19**

The novel Coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from respiratory droplets transmitted from an infected person to an uninfected person. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

The Zero Balancing Health Association and ZBHA faculty members have put in place preventative measures to reduce the spread of COVID-19, however, we cannot guarantee that you will not become infected with COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by attending a Zero Balancing class and that such exposure or infection may result in personal injury, illness, permanent disability, or death. I understand that the risk of becoming exposed to or infected by COVID-19 at a ZB class may result from the actions, omissions, or negligence of myself and others, including, but not limited to, ZBHA faculty, employees or contractors, meeting site employees, visitors, volunteers, program participants and their families. I understand that the ZBHA has put in place protocols and guidelines for seminar attendance and agree to uphold that criteria.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself (including, but not limited to, personal injury, disability, or death), illness, damage, loss, claim, liability, or expense, of any kind, that I may experience or incur in connection with my attendance at Zero Balancing classes and events. On my behalf, I hereby release, covenant not to sue, discharge, and hold harmless the ZBHA, its employees, contractors, students, meeting site, visitors and representatives, of any claims, including all

liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any claims based on the actions, omissions, or negligence of the ZBHA, its faculty, employees, students, meeting site, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Zero Balancing class or events.

Date: \_\_\_\_\_

Name (Print): \_\_\_\_\_

Signature: \_\_\_\_\_