

Partner with a Certified ZB Mentor

Whether you're just starting out or looking to deepen your already established practice, a **Zero Balancing Certified Mentor** can enrich your experience.

Certified ZB Mentors graduated from a nine-month ZB Mentor Advancement Program (MAP) with intensive training and practice, including:

- embodiment of ZB principles,
- deep listening skills,
- touch feedback,
- speaking clearly about Zero Balancing in various settings,
- practice-building,
- organizational issues; and
- supporting candidates through certification.

Avenues of Support from a Certified Mentor:

1. **Getting Hands-On Feedback**
 - Build your touch skills.
 - Practice fulcrums and the protocol.
 - Prepare for the Practical Exam for ZB Certification.
2. **Charting the Path to ZB Mastery**
 - Get the most from your ZB learning experience.
 - Assess your needs and wants.
 - Consider classes and other learning opportunities.
 - Explore Certification and the Core-Pak payment program.
3. **Getting Over the Certification Hump**
 - Shift roadblocks to Certification.
 - Find solutions, support and accountability with an attentive partner.
4. **Growing Beyond Certification**
 - Refine your skills through ongoing touch feedback.
 - Troubleshoot challenges.
 - Build a more satisfying practice.
 - Discover how ZB principles can enhance all your interactions.

Connecting with a Certified Mentor:

If you are interested in connecting with a Certified Mentor, simply visit the ZBHA website to [search for a Practitioner using the Certified Mentor directory](#).

- You can learn a bit about them, then request a free discovery session to discuss your goals.

Connect in person, virtually and in hybrid modes.

- Rich conversations can happen in many formats: Certified Mentors are equipped to further your ZB experience virtually, in person, and in hybrid modes.

Certified Mentors aim to be affordable, accessible, and personal.

- They offer standalone sessions and packages to fit your needs.
- Ask for details and costs.

**Listen to yourself better by listening with a Certified Mentor.
You'll be glad you did!**