



Verbal Fulcrums in Zero Balancing / VERBAL FULCRUMS

COURSE TITLE: Verbal Fulcrums in Zero Balancing

ABBREVIATION: VERBAL FULCRUMS

EDUCATIONAL CREDIT: 25 CEUs

WORKSHOP LENGTH: 4 days

PREREQUISITES: Zero Balancing II and one other advanced course

COURSE DESCRIPTION:

Developed by Jim McCormick, this class looks at how we can use words in all aspects of Zero Balancing to deepen the effects of our ZB sessions. Learning how to feel comfortable and successful using verbal fulcrums within a session is of great value for the Zero Balancer. Experience has shown that certain held areas, and certain clients, need verbal processing to more fully heal.

The class includes theoretical presentations of dynamic models for better understanding the transformational processes that take place in Zero Balancing. It also includes experiential exercises designed to help us practice working in all areas of ZB where we use words – from gaining rapport with the client initially; to the framing process; to using verbal fulcrums in a ZB session in a way that allows clients to stay in their right brains; and using words after sessions – both in evaluating the work; helping the client become more aware of the learning that occurred; creating “homework” for clients that energetically matches their need; to the final goodbye.

In this class a premium will be placed on individual personal growth, which allows advanced ZB work to be more successful - exploring how "who we are" supports and Influences the Zero Balancing work we do.

You will learn:

- **When (and when not) to use verbal processing in Zero Balancing sessions**
- **How to use words safely, respectfully, and effectively in many different situations in Zero Balancing**
- **To create deeper rapport and deeper frames with clients, which allows more change in ZB sessions**
- **A “Short Processing Protocol” to use for verbal processing with appropriate clients**
- **Through individualized feedback from working on the instructor, you will enjoy the chance to deepen your own transformational process as a practitioner**
- **How to better walk the journey of transformation with your clients**

What Participants say about Verbal Fulcrums in Zero Balancing:

“I was blown away!! The depth of this work has changed me and will change my practice. Jim teaches with love and ease. I felt really safe and able to ride my growing edge.” Linda Puerner-Fischer

“This course was extraordinary. It was extremely helpful in clarifying when to use verbal fulcrums, how to use them, and the import of them. I think all ZBers should have this course.” Sheila McCarthy-Daskovsky, LMT, ZBHA Faculty

“I came to this class not liking to use verbal fulcrums or receive them during my sessions, but I truly learned how effective and necessary they can be in a session.” Diane Tader, LMT, ZBHA Faculty