



The Kinesthetic Signatures of Zero Balancing I / KIN SIG I

COURSE TITLE: The Kinesthetic Signatures of Zero Balancing I

ABBREVIATION: KIN SIG I

EDUCATIONAL CREDIT: 12.5 CEUs

COURSE LENGTH: 2 days

PREREQUISITES: Zero Balancing II

COURSE DESCRIPTION:

Developed and taught by Linda Wobeskya, The Kinesthetic Signatures of Zero Balancing is an exciting two-day class devoted to the exploration and skill development of kinesthetic awareness and attention. It is a class that focuses on the sense of touch. There is a kinesthetic signature that is consistent across clients, a kinesthetic feedback signal, that once recognized and learned, can increase your ability to touch a person on deeper levels, facilitate a consistently high level of touch, and increase your confidence and trust in your hands.

You will learn:

- A process for recognizing kinesthetic signatures that will enable you to continue to explore and find signatures on your own
- To develop a greater sense of consistency and self-trust when touching energy and structure
- To apply your ability to feel kinesthetic signatures throughout your ZB sessions, thus improving the ease, power and depth of your work
- To find and feel the kinesthetic signatures for:
 - the blue line
 - when you have truly met the client's donkey
 - when you have connected to the entire person
 - when a fulcrum feels particularly good to your client
 - and many more!!

What Participants say about The Kinesthetic Signatures of Zero Balancing:

“Revolutionary!” Laura Lea Sweeney, PT, ZB Faculty

“This class was so much fun! I felt a giant leap in my awareness. Do yourself a favor and study with Linda.” Mary Murphy, LMT, ZB Faculty