



We are delighted to introduce our new office manager to the ZBHA community.

Meet Elizabeth Schwerman!



Elizabeth is currently being oriented and trained in all aspects of how the ZBHA supports you as Zero Balancing practitioners and teachers.

She will be working closely with the ZBHA Board of Directors to accomplish the daily tasks and projects that keep our organization running smoothly, as well as with our ever-reliable independent contractor Stevie Johns, whose work will now be focused on ZBHA projects.

She will be monitoring the [ZBHA Office email](#) and phone line so, if you have the pleasure of connecting with her, please be sure to give her a warm welcome!

About Elizabeth



Elizabeth is a quintessential life long learner and administrative professional.

She spent many years in the corporate world gaining experience and skill with managing personnel, executive education, technology training, project management and customer service.

She recently attended massage school to satisfy her curiosity about anatomy and fell in love with touch. So, she subsequently became a Certified Massage Therapist! She is also a Certified Life Empowerment Coach.

Her upbeat personality, attention to detail, and customer service skill and orientation are just a few of the many reasons why we are grateful to have Elizabeth overseeing the ZBHA Office.

Big Leans

We on the Board are so excited to welcome Elizabeth to our ZB community. She brings so many skills and gifts to our organization and is already feeling like a solid donkey to lean in to.

-Linda Wobesky, Chair, ZBHA Board of Directors

Elizabeth brings a big smile, a thoughtful heart and a lot of depth to our office. I'm so excited to work closely with her and continue to serve our ZBHA community alongside her.

-Stevie Johns, ZBHA Contractor

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