



## "OFFERING A DEEPER LEAN"

2021 Annual Zero Balancing Community Benefit

**May 15 & 16**  
**11 a - 5p ET, both days**

**Register Today!**

We had so much fun last year! Let's do it again!

As many of you may recall, last year's annual Benefit underwent a metamorphosis in lockdown. A quick pivot was required to transform an historic in-person event to a virtual happening. Little did we know the huge opportunity this necessity-driven decision would create! While the previous years of getting together in person were wonderful (16 consecutive years in all!), all of a sudden, we were able to connect with Zero Balancing friends and colleagues from across the country. People raved about the fun they had, meeting new people and reconnecting with friends they hadn't seen since a shared class years ago. It was an unexpected boon!

**This year, we want to use the Zero Balancing Community Benefit (ZBCB) here in our 18th year to deepen our lean. It is community-building in the truest sense of the word as we reach out across the miles to explore and learn together.**

Many excellent Zero Balancing teachers have stepped up this year to share their growing edges with you. Some have taught mostly in their local area so this is a great opportunity to experience their unique perspectives. And previously, attending the Benefit may have cost you a plane ticket, room and board, and a few missed days at work to partake. So, this is an amazing opportunity to benefit from the gems of knowledge and insight of these varied and experienced teachers.

Here are just a few of the offerings this year:

- Opening Pyramid *with Dr. Fritz Smith*
- Mentorship *with the Mentorship Advancement Program*
- Multiple Classrooms to choose from on Sunday
- Spring Forest Qigong *with Laura Lea Sweney*
- David Laden, Amanda King, Michael Oruch and more!

We invite you to join us again this year, from wherever you are.

Don't miss this opportunity! Join the herd of donkeys and lets deepen our lean!

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## Registration Details

Two-day Pass: \$150

One-day Pass: \$85

*(Special Pricing for Faculty & TT5 - please contact the [Faculty Committee](#) for details)*

**If you can't make it in person, you can sign up to receive access to the material.**

Sessions will be recorded and made available to registrants after the event. (If you sign up for Saturday, you'll get access to Saturday's recordings, but not Sunday's).

One week prior to the event, you will receive an email with all the details you'll need for downloading and logging onto Zoom, the virtual event platform. We will also include how to contact us should you have any technical difficulties before or during the event.

[Sign Up Here](#)

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## 2021 ZBCB T-Shirts Are Now Available!

Order one of these beautiful shirts and you can strut your swag at ZBCB.

The unisex t-shirts are 100% preshrunk ringspun cotton that are double needle stitched for durability. The soft washed shirts are dyed with eco-friendly pigment colors: Blue Jean (shown here), Royal Caribe, and Crunchberry! Click [here](#) for more info.



[Zero Balancing Health Association](#)

