



The monthly newsletter for the Zero Balancing Health Association community

ZB Transformation

Greetings to you from the height of summer in the Northeast!

We hope you are taking some time to rest, swim, garden, read a book...or whatever brings you joy and allows you to be fully present to the beauty and magic of the season.

Don't forget that **First Sunday starts back up on September 5th** and check out the complete course calendar for new online and in-person events on tap for the Fall.

Stay cool!

Friends & Fulcrums



Meet the members of Zero Balancing Teacher Training 5 - North America!

At the recent TT5 retreat in Tucson, Dr Fritz Smith, Michael Oruch, Mary Murphy, Amanda King and Jim McCormick shared their wisdom on the principles and practice of ZB with these soon-to-be teachers:

Sarah-Elizabeth Anderson, Lowell Ask (*not pictured*), Lisa Bardarson, Mary Behrens, Tara Burcher, Ben Fleisher, Clare Gowen, Donna Hall, Karine Jamet, Sheila Palmer, Beverly Peirson, Veronica Quarry, Misty Rhoads, Rhonda Salvo, Julie Sargent, Jennelle Thimmesch, SatCharn Tribelhorn, Jared Urchek, Deanna Waggy and Lauren Ward.

Feature a Teacher



As you know, last year we packed up our physical office and went virtual. We had several very cool pieces of art and decoration that we had collected over the years, and decided to auction them off to the community.

The picture to the left is of animal petroglyphs from 1100 AD, left by the Hohokum peoples.

Congratulations to the winner, TT5 student **Julie Sargent**. Here she is at home with her cat.



Tracking Your CEUs

We are excited to share that your Continuing Education Units are tracked in your member portal upon successful completion of a ZB class.

Tracking CEU's is a priority for license renewal purposes, and now you can easily view all the classes you have completed via your member portal. More details are coming soon on how you can download and print directly from your member portal.

Have you logged in to your Member Portal lately?

You can register for classes (virtual or in person), access course groups to interact with others from the community, update your practitioner profile, and more!

Face to face classes are starting to pick back up, and we want to ensure that you have access to your portal.

Just start at the [ZBHA homepage](#), and scroll to the bottom to enter your username and password.

If you are having trouble logging in, please contact us at support@zerobalancing.com.

Do you have news to share? Please email us:

zbha@zerobalancing.com

A Note of Inspiration

“We may encounter many defeats but we must not be defeated.”

-Maya Angelou