



## **Fields & Fulcrums / ENERGY FIELDS**

**COURSE TITLE: Fields & Fulcrums**

**ABBREVIATION: ENERGY FIELDS**

**EDUCATIONAL CREDIT: 25 CEUs**

**COURSE LENGTH: 4 days**

**PREREQUISITE: Zero Balancing II**

### **COURSE DESCRIPTION:**

Developed by Michael Oruch, Fields & Fulcrums is an exciting experiential ZB course that presents new fulcrums and ways of thinking about fields of energy. The material presented will be both esoteric and pragmatic, exploring the exquisite nature of Zero Balancing.

Many people believe that changes in the field precede physical change and pathology, and true healing occurs only when one clears the field. The desired outcome from this class is to deepen the understanding of fields both generally and in terms of ZB; learn how to navigate and affect them through the use of fulcrums; and highlight the importance of fields in the general therapeutic practice of Zero Balancing.

The basic tenets of Zero Balancing are working with energy and structure of the body in terms of fulcrums, vectors and fields. We know from advanced courses and theory that ZB concerns itself with many different field configurations and the associated material therein.

We have the basic concept of the clearer, stronger field in Core ZB, the amplified field from Alchemy of Touch, and the slower/expanded field from Geometry of Healing.

Fields & Fulcrums teaches new material and concepts not presented in the above classes.

Fields & Fulcrums is a combination of lectures, exercises, demonstrations, and exchanging ZBs. It is geared to the advanced Zero Balancing student who wants to understand and gain a

keener grasp of fields, fulcrums, the protocol, basic theories of Zero Balancing, and who wants to deepen and progress their understanding of ZB and its potential.

**You will learn:**

- Navigating the layers presented in the energy model
- Differentiating the energy body from the structural body
- Vectors as fields and new ways of using them
- New, useful, and exciting ways of conceptualizing and using fulcrums
- Skills of proprioceptive recognition, body mechanics, and post session guidelines
- The basic protocol and roots of ZB in relationship to the field paradigm

**What Participants say about Fields & Fulcrums:**

**“Fields & Fulcrums opened up for me an entirely new level of awareness and practice, and new ways of sensing and connecting with ZB clients.” Elizabeth Zenger, LAC, ZBHA faculty**

**“...I got a much clearer sense of what I was attending to when using a fulcrum and how to affect the fulcrum.” Michelle Kinsella, OTR, MT**

**“[I am] able to enhance the depth and breadth of sessions...” Wayne Manzer, RMT**

**“Fields & Fulcrums has given me new tools and polished skills.” Shirley Lynch, LMT**

**"Prior to this course I had no concept of how to define fields, expand fields, etc." Mary Kay Kinsella, RN, LMT**