



Fabulous Fulcrums / FABFUL

COURSE TITLE: Fabulous Fulcrums

ABBREVIATION: FABFUL

EDUCATIONAL CREDIT: 13 - 18 CEUs

COURSE LENGTH: 2-3 days

PREREQUISITES: Zero Balancing II and any Zero Balancing Expanded course

COURSE DESCRIPTION:

Developed by Judith Sullivan and taught by the Zero Balancing Expanded faculty, Fabulous Fulcrums includes problem-solving in clinical situations, refinement of touch, advanced understanding of body reading and deepening of fundamental Zero Balancing Expanded concepts. It is an opportunity for practitioners to gather together for rejuvenation and advancement of skills. Plus, you're invited to have fun exploring some of our favorite fulcrums not usually taught in any other Zero Balancing courses. You will learn how to make almost any of your fulcrums "fabulous."

When do you use more energy? When do you use more structure? When do you just sit and "be?" These are some of the most important questions we will be addressing.

You will learn:

- The Accelerator Fulcrum and other new foot, ankle and calf fulcrums
- The significance of the second sacral segment
- How to work with leaky fields/energetic boundaries
- Subtle neck fulcrums
- How to work with people who are "too loose"
- Plus much, much more

What Participants say about Fabulous Fulcrums:

“I cannot wait to explore these new juicy fabulous fulcrums in my practice. And I learned that rest is essential to learning and retention.” Beth Bielstein

“[This course] exceeded my expectations. I have learned to be aware of what is under my hands, of listening to my client and myself.” Anita Wood, Portland, OR

“Besides learning new fulcrums to enhance my sessions, I learned more about being present to a person’s body and what the body is asking for in the moment. There is more room to experiment.” Marla Brandt