



FREELY MOVABLE JOINTS Advancing Skills Day / FMJ SKILLS

COURSE TITLE: FREELY MOVEABLE JOINTS ADVANCING SKILLS DAY

ABBREVIATION: FMJ SKILLS

EDUCATIONAL CREDIT: 6.5 CEUs

COURSE LENGTH: 1 day

PREREQUISITE: Freely Movable Joints

Code:	ZBHA200	ZBHA100	ZBHARepeat
Explanation:	Super Saver Price (\$200.00 Discount) Code is valid up to 60 days prior to course start date	Early Registration (\$100.00 Discount) Code is valid 30-60 days prior to course start date	Repeating a Class (50% Discount)

COURSE DESCRIPTION:

FREELY MOVEABLE JOINTS Advancing Skills Day classes enhance the process of learning the concepts, skills and fulcrums taught in **FREELY MOVEABLE JOINTS** and develop relationships among ZB practitioners. Student questions shape the lessons, and the format includes presentations, demonstrations, touch feedback and session swaps.

Topics typically addressed:

- Zero Balancing principles as they apply to the freely moveable joints of the body.
- Refined understanding of the different ways to evaluate and balance bones and joints.
- Anatomy, evaluation and balancing options for bones and joints of the shoulder girdle and arms.
- Anatomy, evaluation and balancing options for bones and joints of the pelvic girdle and legs.
- Working with the hip joint and accessing the sacroiliac joint via the hip fulcrum.
- Temporomandibular joint anatomy, evaluation and balancing.
- Direct bone fulcrums and 'bone bending'.