



## **Chasing Magic in the Land of Zero Balancing / CHASING MAGIC**

**COURSE TITLE:** Chasing Magic in the Land of Zero Balancing

**ABBREVIATION:** CHASING MAGIC

**EDUCATIONAL CREDIT:** 12.5 CEUs

**COURSE LENGTH:** 2 days

**PREREQUISITE:** Zero Balancing Certification

### **COURSE DESCRIPTION:**

Developed and taught by Ida Smith, this two-day advanced class is for the certified Zero Balancing practitioner. Together we will explore different ways to more skillfully navigate our own expanded states of awareness and to recognize different states of consciousness within ourselves, as well as within the client, during a Zero Balancing session. You will learn to engage your creativity and to explore possibilities for discovery, ease and fun in the fluid and ever-changing terrain of a Zero Balancing session.

### **You will learn:**

- To better maintain the Witness State
- To tap into your innate creativity
- To engage your internal sensing, non-verbal self
- To navigate your internal experience while monitoring the client's working signs