



## **Partner with a Certified ZB Mentor**

*Whether you're just starting out or looking to deepen your already established practice, **A Zero Balancing Certified Mentor** can enrich your experience.*

- Certified ZB Mentors graduated from a nine-month ZB Mentor Advancement Program (MAP) with intensive training and practice including
  - embodiment of ZB principles,
  - deep listening skills,
  - touch feedback,
  - speaking clearly about Zero Balancing in various settings,
  - practice-building,
  - organizational issues and
  - supporting candidates through certification.

### **Avenues of support from a Certified Mentor:**

#### **> Getting hands-on feedback**

- Build your touch skills.
- Practice fulcrums and the protocol.
- Prepare for the Practical Exam for ZB Certification.

#### **> Charting the path to ZB Mastery**

- Get the most from your ZB learning experience.
- Assess your needs and wants.
- Consider classes and other learning opportunities.
- Explore Certification and the Core-Pak payment program.

#### **> Getting over the Certification hump**

- Shift roadblocks to Certification.
- Find solutions, support and accountability with an attentive partner.

#### **> Growing beyond Certification**

- Refine your skills through ongoing touch feedback.
- Troubleshoot challenges.
- Build a more satisfying practice.

- Discover how ZB principles can enhance all your interactions.

### **Connecting with a Certified Mentor:**

- > **Find a Certified Mentor on zerobalancing.com under Find A Practitioner.**
  - You can learn a bit about them, then request a free discovery session to discuss your goals.
- > **Connect in person, virtually and in hybrid modes.**
  - Rich conversations can happen in many formats: Certified Mentors are equipped to further your ZB experience virtually, in person, and in hybrid modes.
- > **Certified Mentors aim to be affordable, accessible, and personal.**
  - They offer standalone sessions and packages to fit your needs.
  - Ask for details and costs.

**Listen to yourself better by listening with a Certified Mentor. You'll be glad you did!**