



INTERFACE

October 2017



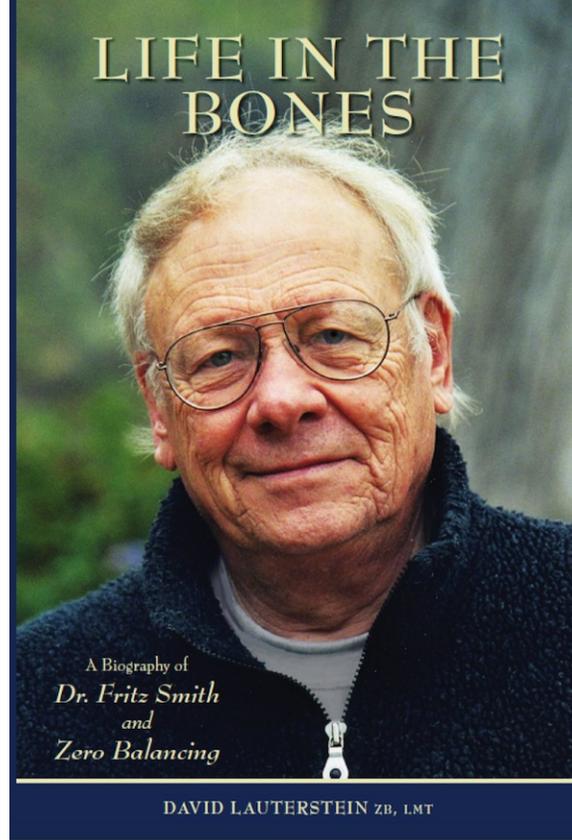
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People Are Talking About

Life in the Bones

Life in the Bones has been "flying off the shelves" at the ZBHA office and into the hands of eager readers. Read below to see what some people are saying. Have you gotten your copy yet?



[Click here to purchase book](#)

Learn the life story of Dr. Fritz Smith and the revolutionary body-mind therapy he founded - Zero Balancing .

From Christine Arbor, Certified Zero Balancer and Massage Therapist

I preordered Life in the Bones and I am reading it now. David, thank you for all the great work that you did! It is a wonderful read! What a gift! I now have a deeper understanding of the history, and each time I open it up to read a chapter or two I have the experience of receiving a fulcrum. My donkey smiles. Everyone who loves ZB should get this.

Anonymous Reader

This book reads like a spiritual adventure story - one of the best ever!

From Sean Lynch, ZB Faculty, Chiropractor, Acupuncturist

David, You have done a very good thing. Kudos to all your effort and skill and willingness to engage so many. It reads like a really good ZB, with some beautiful get to know you history, some deep, and clarifying and hedonic stories, and has a lovely closing sequence honoring what is, and in Fritz' voice.

Waves of working signs came over me chapter after chapter. The picture of the teacher training group at Menla was in the exact spot I received my first ZB from Fritz; it literally made me sparkle and release tears of joy. So very good. May it be a beautiful gift to Fritz, an inspiration to generations of what is possible and a solid fulcrum into the world.

Further thoughts from author David Lauterstein

Finally I have both the excitement and the challenge of reaching people, who are not already devotees of Fritz Smith and Zero Balancing - to get it why this biography is

important to buy, read and learn from. We need real and trustworthy mentors and models more than ever in this world. It's not enough to just cover theory or technique. The lessons of a great life should be like listening to a great symphony, should have the power of a great novel. These illuminate for us how we can live, how we can find the strength and inspiration to make our dreams come true. Each of us and we collectively have the potential to greatly and positively affect this world. This is what I want you to receive, as nourishment for your life from this book. If we listen and hear the dreams and the wisdom of our ancestors, we will find those dreams and wisdoms circulating in us, illuminating, and inspiring us in the very bones of our whole lives.

Life in the Bones, by ZB instructor and author David Lauterstein offers new insights into Dr. Smith's early influences, intellectual and spiritual pursuits, heart and passions that led to the development and teaching of Zero Balancing. Life in the Bones takes the reader on this exhilarating journey through the author's insightful weaving of biographical and historical events, along with personal recollections and full color photos and drawings offered by Dr. Smith's colleagues, students, and family.

A beautiful hard-bound book, Life in the Bones is a treasure for anyone interested in bodywork, the convergence of Eastern and Western medicine, the evolution of alternative healthcare, and body-mind healing.

\$42.95, hardcover, plus shipping

Thank you for purchasing from the ZBHA , which helps support the office as we support ZB around the world.

The Art of Touch ***A Healing Event in Charlottesville, Virginia***

"Come to Emancipation Park on Saturday, October 28 from 2:30-3:30 and learn how simple touch will help you to feel grounded and relaxed in this somewhat unstable world."



This is the invitation offered by longtime Zero Balancing Faculty member Judith Sullivan, who is organizing a seated ZB event in Charlottesville on October 28, 2017. The event will be held at Emancipation Park, the scene of the tumultuous rally this past August 12th. This "Art of Touch" seated ZB event will be part of a series of art

and healing events planned at the park through the rest of 2017. In addition, the public will be invited to learn how to do the simple protocol for family and friends on November 19 or 20th. All events are free!

For more information contact Judith Sullivan at Judith@chijude.com or, better yet, text her at 434-466-2292.

ZB at the Farmers Market by Sue Jacobs



"I was humbled by the experience, in awe of the subtle yet profound effect of even a 10 minute session on many of the guests."

Read certification candidate Sue Jacobs account of offering ZBs at a local farmers market.

On July 29, 2017, I had the opportunity to sponsor a vendor booth at the Falls Park Farmer's Market in Sioux Falls, SD. I offered complementary 10 minute Zero Balancing sessions to introduce ZB to the local community.

This was a beautiful summer day in the Dakotas, with temps in the 80s, sunshine, and a slight breeze. My booth coordinator was Sarah, a client who regularly receives Zero Balancing sessions and has an appreciation for bodywork and now, especially this modality, and she has a gentle heart for connecting with and reaching out to people.

Frame:

I set the larger frame to have confidence in the 10 minute protocol

That each guest would have an increased sense of what is happening AND

That my being would have an increased intuitive sense of what is happening

[Click here to continue reading Sue's account of her experience.](#)

SAVE THE DATE!
15th Annual ZBHA Benefit
Everyday Alchemy
May 4-6, 2018



The labyrinth and beyond at Claggett Center.

This will be our 15th Annual ZBHA Benefit ! Start planning now to join us May 4-6, 2018 for **Everyday Alchemy** , at the Claggett Center near Frederick, Maryland. Mark your calendars and stay tuned for details in the coming months.

Congratulations Recently Certified ZBers!



Congratulations to the following recently certified Zero Balancers!

Harriette Bashi	Eugene, Oregon
Dan Youngman	Indianapolis, Indiana
Lori Marshall	Millersville, Maryland

Zero Balancing Health Association
8640 Guilford Road
Suite 224
Columbia, MD 21046

Email: zbha@zerobalancing.com
Phone: 410-381-8956
Office Hours: M, T 9AM - 5PM
W, Th 9AM - 4PM

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