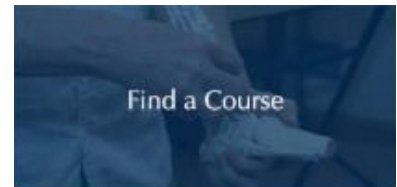
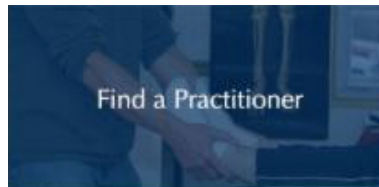




INTERFACE

December 2017



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Holiday Greetings & Office Hours

Happy Holidays from us to you!
We wish you all a wonderful December, Winter Solstice, Hannukah,
Christmas and anything else you may celebrate.

Looking forward to a joyful and rewarding 2018 for the entire
Zero Balancing community.

with highest regard and holiday cheer,
Cindi, Lee, Krissy and Lynda

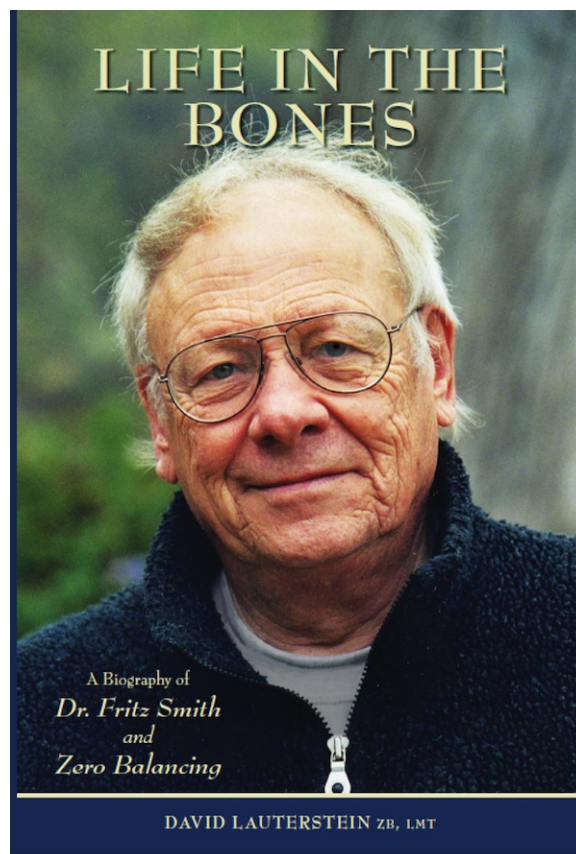
HOLIDAY HOURS

The office will be closed Friday December 22, 2017 - Monday January 1,
2018. We will reopen at 9 AM on Tuesday January 2nd.

Life in the Bones by David Lauterstein

Learn the life story of Dr. Fritz Smith and the revolutionary body-mind therapy he founded - Zero Balancing. Order your copy now or perhaps give a gift to an interested friend or family member!

"This book reads like a spiritual adventure story - one of the best ever!"



[Click here to purchase book](#)

Learn the life story of Dr. Fritz Smith and the revolutionary body-mind therapy he founded - Zero Balancing .

Life in the Bones, by ZB instructor and author David Lauterstein offers new insights into Dr. Smith's early influences, intellectual and spiritual pursuits, heart and passions that led to the development and teaching of Zero Balancing. Life in the Bones takes the reader on this exhilarating journey through the author's insightful weaving of biographical and historical events, along with personal recollections and full color photos and drawings offered by Dr. Smith's colleagues, students, and family.

A beautiful hard-bound book, Life in the Bones is a treasure for anyone interested in bodywork, the convergence of Eastern and Western medicine, the evolution of

alternative healthcare, and body-mind healing.

\$42.95, hardcover, plus shipping

Thank you for purchasing from the ZBHA , which helps support the office as we support ZB around the world.

SAVE THE DATE!
15th Annual ZBHA Benefit
Everyday Alchemy
May 4-6, 2018



The labyrinth and beyond at Claggett Center.

This will be our 15th Annual ZBHA Benefit ! Start planning now to join us May 4-6, 2018 for **Everyday Alchemy** , at the Claggett Center near Frederick, Maryland.

We have an amazing line up of Zero Balancing faculty who will be sharing their insights and wisdom with us:

David Lauterstein *Stories the Bones Can Tell*
Linda Wobeskya *Kinesthetic Signatures*
David Laden *The Alchemical Paradox*
Judith Sullivan *The Art of Touch*

We will once again be including one of the most popular features of our annual gathering - the Friday afternoon Advancing Skills - Touch Feedback class where students work in small groups with faculty to learn, ask questions and fine-tune their touch.

Mark your calendars and stay tuned for more details and registration information!

Congratulations Recently Certified ZBers!



Congratulations to the following recently certified Zero Balancers!

Lissy Vomacka	Brooklyn, New York
Omri Sitton	Soquel, California
Patrice Hetherington	Jarrettsville, Maryland
Megan Ayrault	Kirkland, Washington
Antonio Krebs	El Cerrito, California
Kevin Case	Ellicott City, Maryland
Simon Raffel	Royal Oak, Michigan
Grace Ganel	Washington, DC
Valeriya Kachanovskaya	Annandale, Virginia
Lorraine Kingsley	Austin, Texas

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Phone: 410-381-8956
Office Hours: M, T 9AM - 5PM
W, Th 9AM - 4PM

[Forward Email](#) | [Email Sign up](#)

