



Guidelines for Entry into the Certification Program February 2009

Certification in Zero Balancing provides recognition for high-level competency in working with body energy through touch. Certification candidates are healthcare professionals or students in a healthcare field who are learning to bring the principles of Zero Balancing into their daily experience as well as into the clinical environment. This document is designed to help clarify the requirement for “license to touch” for entry into the certification program.

The Zero Balancing Certification Program is designed for professionals in the healing arts as an advanced studies program. It assumes a basic education upon which ZB can rest. This education should include training in sciences, pathology, anatomy, contraindications, client care, and professional ethics. It also rests upon the practitioner having experience in the healthcare world, and having good judgment as to whether their own therapeutic skills are appropriate or inappropriate treatment for a given complaint.

Zero Balancing is used by a wide range of health care professionals and the vitalizing benefits of ZB can be applied both as an independent mind/body therapy and as profound adjunctive therapy with numerous other modalities. Zero Balancing is not a stand alone license, however, meaning that your legal license to touch needs to come from another professional source and will depend on your profession and your state. If you have questions about whether your current legal license to touch allows you to perform ZB, we advise you to look into the licensing and practice laws in effect for your profession and state as these vary greatly around the country.

To help you determine whether your background already includes the training needed to legally practice ZB, the following lists of health care professional fields have been compiled. The first list of professional fields have very straightforward licensing, the second list of professions may be more subject to state and professional variances, and the third list of professions includes somatic therapies that are likely to include the necessary background needed to be eligible for Zero Balancing Certification. For both the second and third set of fields it is recommended that you understand the scope and limits of your legal license. These lists are not all-inclusive but serve as guidelines. If you have any questions whether your prior training includes the educational background and licensing needed, you are encouraged to contact the Certification Director to discuss your certification eligibility. Such inquiries are welcome and enable both practitioner and the ZBHA to feel confident that the ZB student seeking certification is cognizant of their individual legal license to do hands-on work and thus have the support for a successful practice of Zero Balancing.

Healthcare Fields - List 1

Medical Doctor	Doctor of Chiropractic	Doctor of Osteopathy
Naturopathic Physician	Physicians Assistant	Acupuncturist
Physical Therapist	Occupational Therapist	Registered Nurse
Licensed Practical Nurse	Licensed Massage Therapist	

Healthcare Fields - List 2

Family & Marriage Counselor	Professional Counselor	Psychologist
Psychiatrist	Social Worker	Podiatrist
Physical Therapy Assistant	Athletic Trainer	Speech Therapist
Certified Occupational Therapy Assistant		

Healthcare Fields - List 3

Trager® Practitioner	Feldenkrais® Practitioner	Certified Rolfer
Registered Polarity Practitioner	Alexander Technique Practitioner	Jin Shin Do® Practitioner
Process Acupressure Practitioner	Structural Integration Practitioner	